
LEARN HOW TO

Reach!
YOUR
goals!

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REACH YOUR GOALS

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First published in 2019

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JUST BEFORE WE BEGIN...

Never mind, let's begin!

**Alright, let me begin
by asking a very
awkward question**

...

{THIS IS WHERE YOU NAVIGATE TO THE NEXT PAGE}

DO YOU WATCH FOOTBALL?

Okay, maybe I shouldn't have asked.

But here's why I asked:

You'd agree with me that in a football match, scores don't count until there's a **goal**, right? In other words, goals make the score count.

That aspect of a football match can relatively be applied to the life of every individual. What make our lives count are goals. It doesn't matter what you have, if you don't have goals, your life won't count.

How do you feel when star teams like Manchester United or Chelsea don't score a single goal in a whole match? Grumpy, I

guess. They may have all the star players, but it won't matter if they don't score. Cristiano Ronaldo may move to Juventus, but it won't matter if they lose matches. If you want your life to count, then setting goals and reaching them must be considered willy-nilly.

BUT, WHAT ARE GOALS?

Goals are desires set in motion. Many people have great desires, but they don't achieve those desires only because they lack motion. If you do a research on people's desire for last year alone, you'd discover that many of them desired to start a business, some desired to further their education, get married, buy a land, or even build a house. But despite their painstaking approach towards those desires, many of them couldn't reach those desires for lack of motion. Goals are desires set in motion in order to reach them.

In Mark 11:24, the bible tells us how to maximize our desires. It says, ***"What things soever you desire, when you pray, BELIEVE that you RECEIVE them, and you shall have them."*** I had to capitalize "believe" and "receive" just to lay some emphasis.

Once you pray about a desire, don't wait around till God sends an angel to get it across to you; instead, believe that you've received that desire. And if that's the case, all you have to do is set goals that would enable you reach them. There's no proof that you believe what you've prayed for without setting goals to receive them. It didn't say you should believe that an angel will deliver it to your doorstep; it says believe that you've received them. If you desire to build a house for instance, and you've prayed about it, believe that God has

approved it. All you have to do is set goals that will enable you see the physical manifestation of your desires. That's it! Goals are desires set in motion.

Now, let me show you 4 keys that will help you reach your goals...

Key Number 1

UNDERSTAND THAT PERSONAL GOALS ARE TWO DIMENSIONAL

Though goals may be seen as personal, but for a person to reach set goals, he must understand the dimensions those goals come from. For the sake of this book, I'd categorize personal goals into:

- *Spiritual goals*
- *Physical goals*

Spiritual goals are ***divine inheritances*** that God wants us to have. The best you can do to reach goals like this is to build up yourself in

faith till they come to pass. For instance, getting married isn't a physical goal, it's a spiritual goal or an inheritance from God. It may be a personal goal to you to get married, but applying physical strategies may get you frustrated. Because the Bible says *"it is God that sets the solitary in families"*. If God doesn't do the settings, you may get grumpy trying to do it yourself.

Many people mistake physical goals with spiritual goals, and that's why they fail at the end of the year. Having children is not a physical goal, it's a spiritual goal. The bible says "Children are the heritage of heaven".

You may have personal goals to be healthy and live in divine health, but you must be able to differentiate between living healthy and

living in divine health. While one of them can be achieved through physical planning, the other is clearly a spiritual matter.

Whatever God spoke about and relies on your prayer and faith in Him to be actualized is a spiritual goal. On the other hand, whatever can be actualized by physical strategies alone is a physical goal. Of course, you can plan a wedding and even enter into marriage, but we all know that except the Lord builds the home, they labour in vain that builds it.

The reason why divorce rate proliferates continually is because most people made marrying a physical goal. You can set physical goals to go to school, start a business, buy a car or a house, advance your career, but certainly not getting married or having

children. Those are spiritual goals that you'd only attain when you walk according to the dictates of God.

I've come to realize that a large percentage of people don't have constraints achieving their physical goals; their challenges is mostly with spiritual goals. First is because of the misconception they have about spiritual and physical goals, and second is a lack of understanding on how to achieve spiritual goals.

LET ME SHOW YOU HOW TO ACHIEVE SPIRITUAL GOALS OR RECEIVE DIVINE INHERITANCES...

The starting point towards achieving spiritual goals or inheritances is God and His word. In

Acts 20:32, Apostle Paul was speaking to a group of people about how to access divine inheritance when he said, ***"And now, brethren, I commend you to God, and to the word of his grace, which is able to build you up, and to give you an inheritance among all them which are sanctified"***.

Let's do a quick analysis;

1. I commend you to God, ***and***
2. To the word of His grace, ***which***
3. Is able to build you up, ***and***
4. Give you an inheritance

In other words, there's something about God and His word that is able to build you up and give you an inheritance or help you achieve

your spiritual goals. If your inheritance or spiritual goal did not reach you last year, it means you didn't walk with God or develop your faith in His word enough to a point where your inheritance will be distributed to you. That's it! You only access inheritances or spiritual goals through an active knowledge of God and His word. 2 Pet 1:3 even tells us that God has given us all things that pertains to life and godliness through the knowledge of Christ.

Which spiritual goal do you plan to reach this year? When you figure it out, ensure you engage God's word until you reach it. I remember back in 2013 when I started praying and trusting God to show me His purpose for my life. I didn't create myself, so it's only appropriate that I reach out to the one who created me to unveil the reason why

he created me. And that makes discovery of purpose a spiritual goal.

After two weeks of praying with fasting, all that God could tell me was to continue building myself. Coincidentally, this was the same thing that Apostle Paul spoke about. No one accesses divine inheritances or spiritual goals without building up. The moment your maturity is up to par, the inheritance you desire will be released.

Maturity is a state where the practice of what you believe releases the results you need. If you practice God's word, then it's because you believe it. And if your practice of the word hasn't gotten you what you need then you've not believed enough. And that literally means you're not matured enough. The bible

says *"what thing soever you desire when you pray, believe that you have received it, and you shall have it"*. You shall receive it if you believe it. If you've not received it, then you've not really believed it.

True to God's word, two weeks after engaging so much rigor in building myself, God showed me His purpose for my life. Any man who cannot subject himself to building up cannot reach any spiritual goal. Ask those who got married or acquired properties last year about what they did to achieve their goals, most of them would tell you "it happened so fast that they can't even explain it". And that's because most of those goals were divinely orchestrated. They just built up themselves until they reached those goals. Don't get me wrong, I'm not saying you

shouldn't prepare for marriage, but that you should build yourself for marriage.

PHYSICAL GOALS...

Having established how to reach spiritual goals, we must also have physical goals. Amazingly, God's word speaks of the direction our physical goals should take. For instance, it says ***"you shall be above only and not beneath"***. Trust me, faith, prayer and fasting without any physical goal to develop yourself will take you beneath. God may certify your desire to get married, but did you set goals to raise money that will fund your wedding? Even if you've saved money for the wedding, do you have a stream of income that can sustain your marriage? Didn't the bible say that ***"a man who cannot provide for his family is worse than an infidel?"***.

God may give the direction, but you must do the development. You can have physical goals to further your education, advance your career, do new courses, learn new trades, write new books, register and start your own business, dress better, buy a new car or a house, speak better vocabularies, communicate better, move out of your parents' house. In 2018, I set physical goals to improve my vocabulary by learning one new word daily. And I've been doing that ever since. I'm a writer and speaker, and improving my vocabulary would definitely be a game changer for me.

As far as our earthly life is concerned, it would never get to a time when we won't have something to add to ourselves. And if

that's the case for you, then you have physical goals.

Key Number 2

ONCE YOU'VE SET YOUR GOAL, SET A TARGET AND MAKE IT PUBLIC

If you want to write a book, fix a launch date today and tell everyone about it. You may not necessarily be ready on the set day, but the book would have been written beyond eighty percent. This is something I've practiced with my clients. Once we finish discussion on their book project, I ask them to design a book cover and specify a release date and post it on their network. Many times, I even complete the project before the set date.

If you don't have a platform, find a bosom personality you can tell and share the release date with them. Specifically request that they sit on your neck until you've done it.

By default, man doesn't like to work until he is supervised or compelled to. And if you know you sometimes exhibit that character trait, it's okay to rely on the push of a few people.

If you want to do a professional course, pick a date and share it with someone who can keep a tap on you. This would compel you to save the resources required for it. And just to be sure you won't bail out, put an exuberant bet on it.

Key Number 3

SET A WORKABLE ACTION PLAN

If your goal is to read the entire Bible within 3 years, then reading one chapter daily would help you achieve that within the first half of the third year. I see a lot of bible reading plans that guides people through reading the Bible in a year, but how many of those people really follow the plan till the end. Many of them get weary even before they reach half way, and that's because it's not a plan they can work with. The action plan may be reasonable but not workable. Don't jump into

things because they're reasonable but because they're workable.

I run an inspirational writers mentorship school where I mentor people on how to express inspiration through the art of writing. One of the habits I inculcate in them is consistency in writing. The art of inspirational writing can only be mastered through consistency. With this in mind, I compel them to start their own devotional. Personally, I write a daily devotional which I share Mondays through to Friday, but the fact that I've set my action plan to write it 5 times weekly doesn't mean they should do the same. I know many of them who tried to step in my shoes who have also stopped writing. Your action plan has to be workable by you, otherwise it won't work. Yes, it may work for someone else but maybe it's just too intricate

for you. Some of my students write their devotionals once a week, and it's been successful for them. Always remember that a good action plan may not be a workable action plan for you.

Key Number 4

ALLOCATE TIME SLOTS OR SCHEDULES FOR YOUR ACTION PLAN

When I started reading one chapter of the bible 2 years ago, I scheduled to always read it before 6AM. Trying to read it after that time would be a struggle. I remember on one or two occasions I skipped the chapter for the day and had to catch up the next day. This is the third year, and I still maintain that schedule. In fact, I often read it before my morning devotion, just to be on the safe side.

Don't get me wrong, reading the Bible is a revealing and relieving adventure.

Sometimes, I even read more than 3 chapters in one day. But hey, when your itinerary increases, you'd be tempted to prioritize natural things over spiritual things. This is why you must schedule those goals.

I like a particular character trait of a committed Islam business man; no matter how lucrative a business discussion may be, they'd demand to be excused once it's time to pray. That has happened to me several times, and honestly, it puts me off. *"How can a man leave his business to go and pray?"*. Well, that's a question for another book. But beyond that chauvinistic act is a lesson that can keep you on top of your game.


If you have to read during your break ours in the office, then don't be found eating or even

working. If you have to save a dollar on the last Friday of every month, don't wait till Saturday.

I must admit that sometimes one may not be able to submit fully to the discipline of a scheduled time; and if that's the case, you must be willing to make a tradeoff. I once vowed not to eat until I've read one chapter of a book per day. Sometimes I'd have to go hungry for hours, just because I had not read. Every time I saw food, I also saw books. I think my angels even became more active when I made that vow <smiles>. But hey, it helped me grow.

I TRUST YOU'VE BEEN BLESSED BY THIS BOOK.
PLEASE DO NOT HESITATE TO SHARE IT WITH
FAMILY AND FRIENDS. AND YES, I LOOK
FORWARD TO READING YOUR TESTIMONIES.
CONGRATULATIONS!

- PUTTING GRACE UNDER PRESSURE
- HOW TO RECEIVE YOUR DESIRED
MIRACLE
 - COLOR IN WILDERNESS
 - THE BAIL OUT PLAN
 - WHERE ARE THE YOUTHS?
- HE BLESSES OUR BREAD AND WATER
 - WHERE THERE IS NO VISION
 - FOCUS
 - ACADEMIC DRIVE
- LEARN HOW TO FIND YOUR PURPOSE
 - MOTIVATING RIGHT EDUCATION
 - THE TIME IS NOT ENOUGH
 - A NEW CONFIDENCE
 - INTO THE DEEP
 - OVERCOMING DEPRESSION
- TIMELY NOTES 30-DAY DEVOTIONAL
- I COULDN'T FIND A SILVER SPOON
 - ANSLEM'S FAITH BOOK
- NOW THAT YOU'VE BEEN
ENTHRONED
 - THE GREAT ADVANTAGE



More Inciting
Books By
EMEKA ANSLEM

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Emeka Anslem is the 'privileged' writer of Timely Notes Daily Devotional, Founder of In-spirited Writers Training School, and President of The Solutionists. He's an ICT Expert who studied Microsoft Certified System Engineering (MCSE) with National Institute of Information Technology before he moved to Lagos State Polytechnic for a Computer Science course. Having lived in Lagos all his life, though from an origin in Delta State, he has developed a sound relational skill in Yoruba language.

He received a divine call to be a teacher in April 2013, with an assignment to "Add value to lives by bringing knowledge to the people". By God's grace, he has committed his life to that assignment, and he's always willing to add value to lives.

Through his passion for his assignment, he's been privileged to author over 30 e-books, which are downloadable for free at the E-BOOKS section of his website (www.emekaanslem.com.ng). His rare teaching gift has attracted several public speaking engagements in seminars, conferences and the likes. Considering his track record in writing, God inspired him to convene a yearly writers conference, which has been a medium of transformation for many writers.

He also runs a documentation business, where he operates as a ghost writer. He has written for great men within and outside the country; and with the permission of his clients, he can show you some of his finished works (books).